POOL SCHEDULE

LAP POOL

- All Lanes Open
- Aqua Classes
- Swim Team

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------------|---------------|-------------------|----------------|-------------------|---------------|----------------|
| | Swim Team (4) | 5 lanes Lap | Swim Team (4) | 5 lanes Lap | Swim Team (4) | |
| | Lap (2) | 1 Lane Open | Lap (2) | 1 Lane Open | Lap (2) | |
| | 5:30-6:45am | 5:30am-8:00am | 5:30-6:45am | 5:30am-8:00am | 5:30-6:45am | Swim Team (4) |
| | 5 lanes Lap | | 5 lanes Lap | | | Lap (2) |
| | 1 Lane Open | | 1 Lane Open | | | 7:00-9:00am |
| | 6:45-8am | | 6:45-8am | | | Aqua Zumba (2) |
| | Aqua Box (2) | Athletic Aqua (2) | Aqua Zumba (2) | Athletic Aqua (2) | | Lap (4) |
| | Lap (4) | Lap (4) | Lap (4) | Lap (4) | | 9:00-9:45am |
| 5 Lanes Lap | 8:00-8:45am | 8:00-8:45am | 8:00-8:45am | 8:00-8:45am | | Swim Team (4) |
| 1 Lane Open | | | | | | Lap (2) |
| 7:00am-5:30pm | 5 lanes Lap | 5 lanes Lap | 5 lanes Lap | 5 lanes Lap | 5 lanes Lap | 9:45-11:00am |
| | 1 Lane Open | 1 Lane Open | 1 Lane Open | 1 Lane Open | 1 Lane Open | 5 Lanes Lap |
| | 8:45am-4pm | 8:45am-4:45pm | 8:45am-4pm | 8:45am-4:45pm | 6:45am-4:30pm | 1 Lane Open |
| | | | | | | 11:00am-5:30pm |
| | | | | | | |
| | Swim Team (4) | Swim Team (4) | Swim Team (4) | Swim Team (4) | Swim Team (4) | |
| | Lap (2) | Lap (2) | Lap (2) | Lap (2) | Lap (2) | |
| | 4:00-8:30pm | 4:45-8:30pm | 4:00-8:30pm | 4:00-8:30pm | 4:30-7:30pm | |
| | | | | | | |

POOL SCHEDULE

THERAPY POOL

Aqua ClassesAll Open

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------|--------------------------------------|-----------------------------|--------------------------------------|-------------------------|-----------------------------|--------------|
| | Open 5:30am - 9am | Open 5:30am - 9am | | | Open 5:30am - 9am | |
| | Aqua Sculpt & Tone 9:00am -9:45am | Aqua Yoga 9:00am -9:45am | Open 5:30am-9:00am | Open 5:30am-12:30pm | Aqua Yoga 9:00am -9:45am | |
| Open | | Open | | | | Open |
| 7am - 5:30pm | | 9:45am-12:30pm | Aqua Sculpt & Tone 9:00am -9:45am | | | 7am - 5:30pm |
| | | Arena Rx (Closed Class) | | Arena Rx (Closed Class) | | |
| | Open | 12:30pm-1:15pm | Open | 12:30pm-1:15pm | Open | |
| | 9:45am-8:30pm | Open | 9:45am-8:30pm | Open | 9:45am-7:30pm | |
| | | 1:15pm-6:00pm | | 1:15pm-6:00pm | | |
| | | Aqua Sculpt & Tone | | Aqua Sculpt & Tone | | |
| | | 6:00-6:45pm | | 6:00-6:45pm | | |
| | | Open 6:45-8:30pm | | Open 6:45-8:30pm | | |

*The Therapy Pool may also be used for swim lessons.

SPA

Monday-Thursday 5:30am - 8:30pm

Friday 5:30am - 7:30pm

Saturday 7:00am - 5:30pm

Sunday 7:00am - 4:00pm



BABY POOL

Monday-Thursday 5:30am - 8:30pm

Friday 5:30am - 7:30pm

Saturday 7:00am - 5:30pm

Sunday 7:00am - 5:30pm

