



THE ARENA CLUB

HOLIDAY HOURS

ARENA CLUB

Christmas Eve - 12/24

Club: 7:00am - 1:00pm
Pools: 7:30am - 12:30pm
Nursery: 8:30am - 12:00pm
(No Arena Kids)

Christmas Day - 12/25

Club Closed

New Year's Eve - 12/31

Club: 7:00am - 4:00pm
Pools: 7:30am - 3:30pm
Nursery: 8:30am - 12:00pm
(No Arena Kids)

New Year's Day - 1/1/25

Club: 7:00am - 4:00pm
Pools: 7:30am - 3:30pm
Nursery: 8:30am - 12:00pm
(No Arena Kids)

GROUP FITNESS

Christmas Eve & New Year's Eve

Gentle Yoga: 8:00am
Aqua Intervals: 8:15am
Body Pump: 9:00am
Studio Circ-IT: 9:15am
Cardio Barre: 9:30am
Cycle 45: 10:15am
Reset & Recover: 10:15am

New Year's Day

Cycle w/ Kim: 9:00 am
Aqua Sculpt & Tone w/ Val: 9:00am
BODYPUMP w/ Crystal: 10:00am
Zumba w/ Quincey: 11:00am
Yoga Strength w/ Jesse: 11:00am

*Wishing You Happy
Holidays and a Wonderful
New Year!*

