



JULY 4 HOURS

ARENA CLUB | 7:00 AM - 4:00 PM

POOLS | 7:30 AM - 4:00 PM

**The Recreation Pool will open at 10:00 AM. All other pools will open at 7:30 AM.*

NURSERY | 8:30 AM - 12:00 PM

**No PM Arena Kids*

SUMMER CAMP | CLOSED

ARENA HEALTH & WELLNESS | CLOSED

SMOOTHIE BAR | 12:00 PM - 3:00 PM

POOLSIDE TIKI BAR | 12:00 PM - 3:30 PM

GROUP FITNESS SCHEDULE

Firework Cycle (*Cycle*) | 8:30 AM

Star-Spangled Banner Aqua Shake & Sculpt (*Rec Pool*) | 9:00 AM

BodyPump Boom (*Studio 1*) | 9:15 AM

Red, White & Sweat Bootcamp (*Sport Court*) | 9:30 AM

Peace, Love & Liberty Hatha Yoga (*Studio 3*) | 10:30 AM

Stars, Stripes & Step IT (*Studio 1*) | 10:30 AM

