

POOL SCHEDULE

EFFECTIVE
10/24

LAP POOL

- All Lanes Open
- Aqua Classes
- Swim Team

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 Lanes Lap 1 Lane Open 7:00am-5:30pm	Swim Team (4) Lap (2) 5:30-6:45am	5 lanes Lap 1 Lane Open 5:30am-8:00am	Swim Team (4) Lap (2) 5:30-6:45am	5 lanes Lap 1 Lane Open 5:30am-8:00am	Swim Team (4) Lap (2) 5:30-6:45am	Swim Team (4) Lap (2) 7:00-9:00am Aqua Zumba (2) Lap (4) 9:00-9:45am Swim Team (4) Lap (2) 9:45-11:00am 5 Lanes Lap 1 Lane Open 11:00am-5:30pm
	5 lanes Lap 1 Lane Open 6:45-8am		5 lanes Lap 1 Lane Open 6:45am-4:45pm		5 lanes Lap 1 Lane Open 6:45am-4:45pm	
	Aqua Box (2) Lap (4) 8:00-8:45am	Aqua Sculpt & Tone (2) Lap (4) 8:00-8:45am	Athletic Aqua (2) Lap (4) 8:00-8:45am			
	5 lanes Lap 1 Lane Open 8:45am-4pm	5 lanes Lap 1 Lane Open 8:45am-4:45pm	5 lanes Lap 1 Lane Open 8:45am-4:45pm	5 lanes Lap 1 Lane Open 8:45am-4:45pm	5 lanes Lap 1 Lane Open 8:45am-4:30pm	
	Swim Team (4) Lap (2) 4:00-8:30pm	Swim Team (4) Lap (2) 4:45-8:30pm	Swim Team (4) Lap (2) 4:00-8:30pm	Swim Team (4) Lap (2) 4:00-8:30pm	Swim Team (4) Lap (2) 4:00-8:30pm	Swim Team (4) Lap (2) 4:30-7:30pm

* POOL SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

POOL SCHEDULE

EFFECTIVE
10/24

THERAPY POOL

- Aqua Classes
- All Open

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Open 7am - 5:30pm	Open 5:30am - 9am	Open 5:30am-6:00pm	Open 5:30am - 9am	Open 5:30am - 9am	Open 5:30am - 9am	Open 7am - 5:30pm	
	Aqua Sculpt & Tone 9:00am -9:45am		Aqua Sculpt & Tone 9:00am -9:45am	Underwater Hula 9:00am -9:45am	Aqua Yoga 9:00am -9:45am		
Open 9:45am-8:30pm	Open 9:45am-8:30pm		Arena Rx (Closed Class) 11:00am-11:45am	Open 11:45am-8:30pm	Open 5:30am-6:00pm		Open 9:45am-7:30pm
			Aqua Sculpt & Tone 6:00-6:45pm				
		Open 6:45-8:30pm	Open 6:45-8:30pm				

*The Therapy Pool may also be used for swim lessons.

SPA

Monday-Thursday	5:30am - 8:30pm
Friday	5:30am - 7:30pm
Saturday	7:00am - 5:30pm
Sunday	7:00am - 4:00pm



BABY POOL

Monday-Thursday	5:30am - 8:30pm
Friday	5:30am - 7:30pm
Saturday	7:00am - 5:30pm
Sunday	7:00am - 5:30pm

