

THANKSGIVING & BLACK FRIDAY 2022 HOLIDAY HOURS

THURSDAY

NOV
24

CLUB CLOSED

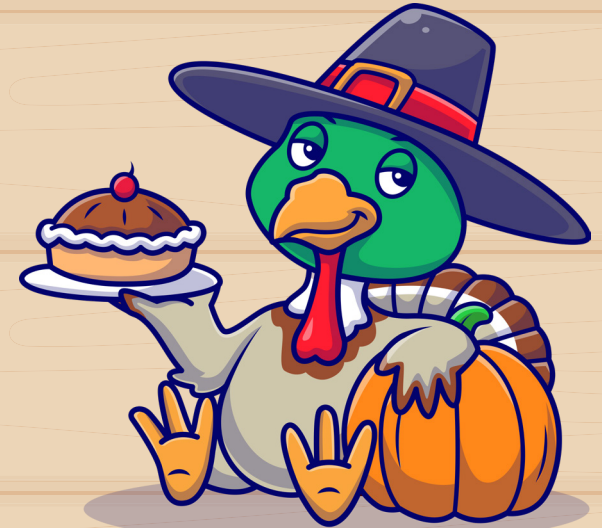
2030 FAST TRACK CLOSED
SPORTS FACTORY CLOSED

FRIDAY

NOV
25

**NORMAL
CLUB HOURS**

2030 FAST TRACK CLOSED
SPORTS FACTORY CLOSED



GROUP FITNESS

- *8:00AM - CYCLE 45
@ CYCLE STUDIO
- *9:00AM - AQUA YOGA
@ THERAPY POOL
- *9:15AM - TABATA
@ SPORTS FACTORY
- *9:30AM - ZUMBA
@ STUDIO 1
- *10:30AM - YOGA FLEX
@ STUDIO 1

*REGISTRATION REQUIRED
**NO OTHER CLASSES THIS DAY