## Launch Pad and Multi-Sports Court Schedule Effective February 21, 2025

	Monday					Tuesday				Wednesday				Thursday							
Time	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf	
7:00 AM 7:30 AM	Before Care 7:00am- 8:00am		Before Care 7:00am- 8:00am			Before Care 7:00am- 8:00am		Before Care 7:00am- 8:00am			Before Care 7:00am- 8:00am	Open Member	Before Care 7:00am- 8:00am		Before Care 7:00am- 8:00am	-	Before Care 7:00am- 8:00am				
8:00 AM 8:30 AM 9:00 AM		Open Member	onber om - Open	Open Lift								7:00am - 9:30am	Open Member 8:00am - 9:30am	Open Lift							
9:30 AM 10:00 AM 10:30 AM		7:00am - 12:45pm		5:00am - 2:00pm				Group Fitness Classes				5:00am - 2:00pm									
11:00 AM 11:30 AM 12:00 PM 12:30 PM	Open Jump 8:00am - 4:30pm	Sports Borforn	nanco Training	Sports Performance Training		· Open Jump		Open Member	mber Jam -		Open Jump 8:00am - 4:30pm			Sports Borfor	manco Training	Open Jump				Open Member	
1:00 PM 1:30 PM 2:00 PM		12:45pm - 2:00pm (ALL COURT AND TRACK)		12:45pm - 2:00pm (ALL COURT AND TRACK)		8:00am - 5:30pm		8:00am - 5:30pm				12:45pm - 2:00pm (ALL COURT AND TRACK)		12:45pm	:45pm - 2:00pm :OURT AND TRACK) 8:00am - 5:30pm			8:00am - 5:30pm			
2:30 PM 2:30 PM 3:00 PM 3:30 PM 4:00 PM			Open Member 2:00pm - 4:30pm	Open Lift 2:	Open Lift 2:00pm - Close		Open Member 7:00am - CLOSE		Open Lift 5:00am - CLOSE				Open Lift 2:	00pm - Close		Open Member 7:00am - CLOSE		Open Lift 5:00am - CLOSE			
4:30 PM 5:00 PM	After Care 4:30pm- 6:00pm		After Care 4:30pm- 6:00pm						After Care 4:30pm- 6:00pm		After Care 4:30pm- 6:00pm		Sports Performance (Turf) 4:30-5:30								
5:30 PM		Open Court 2:00pm -										Open Court 2:00pm -									
6:00 PM	Arena Kids 5:30pm - 7:30pm	Close	Arena Kids 5:30pm - 7:30pm		Sports Performance	Arena Kids 5:30pm - 7:30pm		Arena Kids 5:30pm - 7:30pm			Arena Kids 5:30pm - 7:30pm	Close	Arena Kids 5:30pm - 7:30pm			Arena Kids 5:30pm - 7:30pm		Arena Kids 5:30pm - 7:30pm			
6:30 PM 7:00 PM 7:30 PM					(Turf) 6:30-7:30																
8:00 PM 8:30 PM	Open Jump 7:30pm - 8:30pm		Open Court 7:30pm - Close			Open Jump 7:30pm - 8:30pm	30pm -	Open Court 7:30pm - Close			Open Jump 7:30pm - 8:30pm		Open Court 7:30pm - Close			Open Jump 7:30pm - 8:30pm		Open Court 7:30pm - Close			

## Launch Pad and Multi-Sports Court Schedule Effective February 21, 2025

			Friday		Saturday & Sunday						
Time	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf	
7:00 AM	Before Care 7:00am-	Open	Before Care 7:00am-	- Open Lift 5:00am - 12:15pm							
7:30 AM	8:00am	Member 7:00am -	8:00am								
8:00 AM 8:30 AM		12:15pm	Open Member 8:00am - 12:15pm								
9:00 AM											
9:30 AM		Group Fitn	ess Classes								
10:00 AM						Open Jump					
10:30 AM											
11:00 AM						7:00am - 3:00pm	Open Courts 7:00am - 3:00pm				
11:30 AM											
12:00 PM	Open Jump										
12:30 PM	8:00am -								Open Lift 7:00am - 6:00pm		
1:00 PM	4:30pm	Sports Perforn	nance Training	12:15pm - 2:00 PM							
1:30 PM		12:15pm									
2:00 PM		(ALL COURT	AND TRACK)								
2:30 PM											
3:00 PM 3:30 PM		Open Court		Open Lift 2:15pm - CLOSE			3:00pm - 6:00pm				
4:00 PM		2:15pm -									
4:30 PM	After Care	Close	After Care			Programs					
5:00 PM	4:30pm-		4:30pm-								
5:00 PM	6:00pm		6:00pm								
6:00 PM									_		
6:30 PM											
7:00 PM											
7:30 PM											
8:00 PM											
8:30 PM											



Please note: In order to enjoy the Launch Pad, all participants will need to sign a waiver and must wear trampoline socks. Socks may purchased from the pro-shop for \$2.50. Due to liability reasons, we are not able to permit socks from other trampoline parks. Trampoline may only be used during scheduled member times only. Please check with the front desk for court availability outside of scheduled times.

Please note: Trampoline and Court Schedule will change when HCPS are closed, areas will be reserved for Day Camp. Please call the front desk to ask for availability.

Please note: Areas for events on Friday evenings, Saturdays and Sundays are subject to change. Please call the front desk for availability.