

Launch Pad and Multi-Sports Court Schedule
Effective February 21, 2025

Time	Monday					Tuesday					Wednesday					Thursday																			
	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf															
7:00 AM	Before Care 7:00am-8:00am	Open Jump 8:00am - 4:30pm	Before Care 7:00am-8:00am	Open Lift 5:00am - 2:00pm	Before Care 7:00am-8:00am	Before Care 7:00am-8:00am	Before Care 7:00am-8:00am	Before Care 7:00am-8:00am	Before Care 7:00am-8:00am	Before Care 7:00am-8:00am	Open Member 7:00am - 9:30am	Before Care 7:00am-8:00am	Open Member 8:00am - 9:30am	Open Lift 5:00am - 2:00pm		Before Care 7:00am-8:00am	Open Member 8:00am - 5:30pm	Before Care 7:00am-8:00am	Open Lift 5:00am - CLOSE																
7:30 AM																																			
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4:00 PM																																			
4:30 PM	After Care 4:30pm-6:00pm																																		
5:00 PM																																			
5:30 PM																																			
6:00 PM	Arena Kids 5:30pm - 7:30pm																																		
6:30 PM																																			
7:00 PM																																			
7:30 PM																																			
8:00 PM	Open Jump 7:30pm - 8:30pm																																		
8:30 PM																																			

Launch Pad and Multi-Sports Court Schedule
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Time	Friday					Saturday & Sunday								
	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf	Launch Pad	Court 1	Court 2	Arena Weight Room	Arena Turf				
7:00 AM	Before Care 7:00am-8:00am	Open Member 7:00am - 12:15pm	Before Care 7:00am-8:00am	Open Lift 5:00am - 12:15pm	Open Jump 7:00am - 3:00pm	Open Courts 7:00am - 3:00pm	7:00am	Open Lift 7:00am - 6:00pm						
7:30 AM														
8:00 AM	Open Jump 8:00am - 4:30pm	Open Member 8:00am - 12:15pm												
8:30 AM														
9:00 AM		Group Fitness Classes												
9:30 AM														
10:00 AM														
10:30 AM														
11:00 AM														
11:30 AM														
12:00 PM														
12:30 PM		Sports Performance Training 12:15pm - 2:00 PM (ALL COURT AND TRACK)		Sports Performance Training 12:15pm - 2:00 PM (ALL COURT AND TRACK)										
1:00 PM														
1:30 PM														
2:00 PM														
2:30 PM	Open Court 2:15pm - Close		Open Lift 2:15pm - CLOSE											
3:00 PM														
3:30 PM														
4:00 PM														
4:30 PM	After Care 4:30pm-6:00pm	After Care 4:30pm-6:00pm									Programs 6:00pm		3:00pm -	
5:00 PM														
5:30 PM														
6:00 PM														
6:30 PM														
7:00 PM														
7:30 PM														
8:00 PM														
8:30 PM														



Please note: In order to enjoy the Launch Pad, all participants will need to sign a waiver and must wear trampoline socks. Socks may purchased from the pro-shop for \$2.50. Due to liability reasons, we are not able to permit socks from other trampoline parks. Trampoline may only be used during scheduled member times only. Please check with the front desk for court availability outside of scheduled times.

Please note: Trampoline and Court Schedule will change when HCPS are closed, areas will be reserved for Day Camp. Please call the front desk to ask for availability.

Please note: Areas for events on Friday evenings, Saturdays and Sundays are subject to change. Please call the front desk for availability.