## POOL SCHEDULE

#### **EFFECTIVE JANUARY 18**

### LAP POOL

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Swim Team (3)		Swim Team (3)		Swim Team (3)	
	Lap (3)		Lap (3)		Lap (3)	
	5:30-6:45am		5:30-6:45am		5:30-6:45am	Swim Team (4)
						Lap (2)
						7-9am
5 Lanes Lap						5 Lanes Lap
1 Lane Open						1 Lane Open
7:00am-4:00pm	5 lanes Lap	7:00am-4:00pm				
	1 Lane Open					
	5:30am-3:30pm	5:30am-3:30pm	5:30am-3:30pm	5:30am-3:30pm	5:30am-3:30pm	
	·	·	·	·	·	
	Swim Team (4)					
	Lap (2)					
	4:30-8:30pm	4:30-8:30pm	4:30-8:30pm	4:30-8:30pm	4:30-7:30pm	

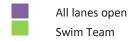
SPA

Spa					
Monday - Thursday					
5:30am - 8:30pm					
Friday					
5:30am - 7:30pm					
Saturday					
7:00am -4:00pm					
Sunday					
7:00am - 3:00pm					

## **BABY POOL**

Baby					
Monday - Thursday					
5:30am - 8:30pm					
Friday					
5:30am - 7:30pm					
Saturday & Sunday					
7:00am -4:00pm					

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SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

# POOL SCHEDULE

### THERAPY POOL

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Left	Right	Left	Right	Left	Right	Left	Right	Left	Right	Left	Right	Left	Right
Open 7am - 4pm		Open 5:30am - 9am		Open 5:30am - 8am		Open 5:30am - 8am				Open 5:30am - 9am			
		Aqua Sculpt & Tone 9:00am -9:45am		Aqua Scul 8:00am		Aqua Sculpt & Tone 9:00am -9:45am				Aqua Yoga 9:00am -9:45am			
		Open 9:45am-8:30pm					losed Class)					Open 7am - 4pm	
				Open 8:45am-6:00pm		Open 11:45am-8:30pm		Open 5:30am-6:00pm		Open 9:45am-7:30pm			
				Aqua Scul 6:00-6				Aqua Sculpt & Tone 6:00-6:45pm					
				Open 6:4	5-8:30pm			Open 6:4	5-8:30pm				

• Registration is required for all aquatics classes

\*Therapy Pool may also be used for swim lessons.

> All Open Aqua Classes