

Launch Pad & Multi-Sports Court Schedule Effective March 1, 2023

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	Launch Pad	Court 1	Court 2	Launch Pad	Court 1	Court 2	Launch Pad	Court 1	Court 2	Launch Pad	Court 1	Court 2	Launch Pad	Court 1	Court 2	Launch Pad	Court 1	Court 2	Launch Pad	Court 1	Court 2
7:00	Before Care		Before Care	Before Care		Before Care	Before Care		Before Care	Before Care		Before Care	Before Care		Before Care						
7:30	7-8am		7-8am	7-8am		7-8am	7-8am		7-8am	7-8am		7-8am	7-8am		7-8am						
8:00																Open Jump				Open Jump	
8:30																7-9:30am				7-10am	
9:00	Open Jump		Open Court	Open Jump		Open Court	Open Jump		Open Court	Open Jump		Open Court	Open Jump		Open Court						
9:30	8-11:30am		8-11:30am	8-11:30am		8-11:30am	8-11:30am		8-11:30am	8-11:30am		8-11:30am	8-11:30am		8-11:30am						
10:00																					
10:30																					
11:00																					
11:30		Open Court																			
12:00	Pre-K	7am-5:30pm	Pre-K	Pre-K		Pre-K	Pre-K	Open Court	Pre-K	Pre-K	Open Court	Pre-K	Pre-K	Open Court	Pre-K						
12:30	11:30am-1:00pm		11:30am-1:00pm	11:30am-1:00pm		11:30am-1:00pm	11:30am-1:00pm	7am-5:30pm	11:30am-1:00pm	11:30am-1:00pm	7am-6:30pm	11:30am-1:00pm	11:30am-1:00pm	7am-6pm	11:30am-1:00pm						
1:00																					
1:30					Open Court											Open Jump				Open Jump	
2:00					7am-8:30pm											12-3pm				12-3pm	
2:30	Open Jump		Open Court	Open Jump		Open Court	Open Jump		Open Court	Open Jump		Open Court	Open Jump		Open Court						
3:00	1-5pm		1-5pm	1-5:30pm		1-5:30pm	1-5pm		1-5pm	1-5:30pm		1-5pm	1-5pm		1-5pm						
3:30																					
4:00																					
4:30																					
5:00	After Care		After Care				After Care		After Care				After Care		After Care						
5:30	5-6	Arena Kids	5-6pm				5-6	Arena Kids	5-6pm				5-6pm		5-6pm						
6:00																					
6:30	Arena Kids		Arena Kids				Arena Kids		Arena Kids				Arena Kids								
7:00	6-7:30	Programs	5:30-7:30				6-7:30	Programs	5:30-7:30				6-7:30								
7:30		6-9pm						6-9pm													
7:30																					
8:00	Open Jump		Open Jump				Open Jump		Open Jump				Open Jump								
8:30	7:30-8:30		7:30-8:30				7:30-8:30		7:30-8:30				7:30-8:30								

*Schedule updated as of March 1, 2023 and is subject to change.



- Sport Court:** The sport court is open to members during times that are not otherwise marked on this schedule, however we encourage you to contact the front desk to confirm availability. Please note: Courts will not be open during the scheduled times on days when Harford County Schools are closed, as they are reserved for Day Camp programming.
- Trampoline:** In order to enjoy the Launch Pad, all participants will need to sign a waiver and must wear Arena Club trampoline socks. Wearing a swimsuit is not permitted on the trampoline. Full casual or athletic attire is required with trampoline socks to enter the trampoline. Socks can be purchased from the pro shop for \$2.65. Due to liability reasons, we are not able to permit socks from other trampoline parks. The Trampoline may only be used during scheduled times only. Any child under 15 must be accompanied by an adult. Please note: Trampoline will not be open during the scheduled times on days when Harford County Schools are closed, as it will be reserved for Day Camp programming.

RESPONSIBILITY CODE

Master the **fundamentals** of single trampoline jumping before moving on to more **advanced** maneuvers such as trampoline-to-trampoline jumping, wall trampoline jumping, and **aerial type skills**, which increase the risk of **injury**.

FUNDAMENTALS

- Jump in control.
 - Bend your knees to stop your bounce.
 - Bounce in the center of the trampoline pad.
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- Jump and land on two feet.
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- Do not attempt anything out of your personal limitations.
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- DO NOT Jump if you have health limitations or injuries, are under the influence of alcohol or drugs, or are pregnant.
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- Be aware of those around you. It is **YOUR RESPONSIBILITY** to avoid others.

TRAMPOLINE RULES

- Jumper maximum weight is 250lbs.
- Jumpers must be walking age and potty trained.
- NO gum, candy, food, or drinks allowed!

BEFORE YOU JUMP

- Sign Waiver.
- Put on Arena Club Trampoline Socks (no shoes or bare feet allowed).
- Empty your pockets before jumping (no sharp objects or unauthorized devices such as cameras, phones, etc. allowed on the court).
- Remove large jewelry and any loose articles.

WHILE YOU JUMP

- DO NOT land on head or neck.
- DO NOT affect another jumper's bounce in any way.
- DO NOT attempt a double flip or back flip (single, front flips only).
- DO NOT sit or lie down on the trampoline.
- NO rough play or running.
- NO flips over the padding
- NO climbing or hanging on the walls, pads, or nets.
- NO tricking off walls.
- NO running on courts, pads, or walkways.
- NO foul language.
- ONLY one jumper per pad.

FAILURE TO ADHERE TO THE RULES WILL RESULT IN LOSS OF JUMP TIME AND COULD IMPACT MEMBERSHIP PRIVILEGES IF CONTINUED.